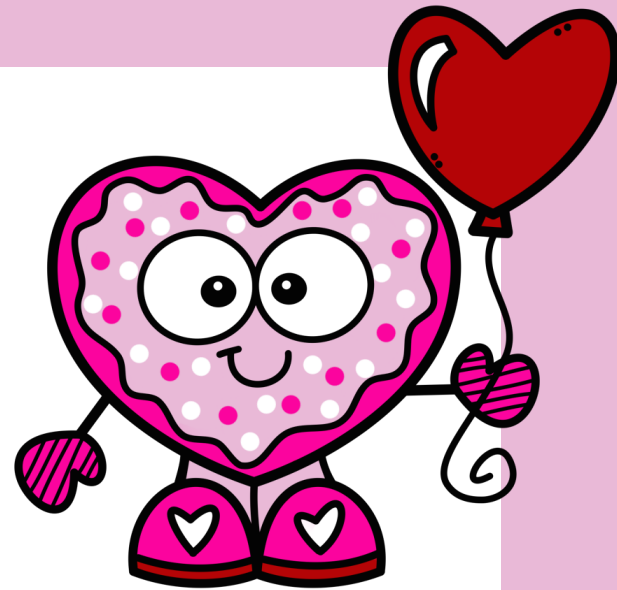


FEBRUARY AT-HOME MENUS for distance learning



February

Hands-on Learning Menu

Science

Matter is anything that takes up space. YOU are matter! A spoon, a dog, and a book are all matter. Go on a matter hunt. Draw or make a list of the matter you find at home.

A **solid** is a state of matter. It holds its own shape and does not flow. An example of a solid is a book. Go on a solid hunt! Write ten solids you find in or around your home.

A **liquid** is a state of matter. A liquid flows and takes the shape of the container it is in. Water is a liquid. Go on a liquid hunt! Write some liquids you can find at home.

Social Studies

A **landform** is a natural feature of the earth's surface. Examples are mountains, valleys, plateaus, and plains. With an adult's help, draw a picture of each landform.

A **body of water** is any area of land that is covered by water. Ponds, rivers, oceans, and lakes are all examples of bodies of water. With an adult's help, draw a picture of each body of water.

Make 3D landforms today out of playdough! Create the following landforms out of playdough: mountain, valley, plateau, and plain.

Art, Music, Movement, Character

Kindness means being helpful and understanding of others. Kindness is treating others the way you want to be treated. Write ten ways you can show kindness to others.

Think about a time when someone showed kindness toward you. How did it make you feel? Write about the kind action he or she did for you and how it made you feel.

The **beat** of the music is the steady pulse. Write a song, like an adult. Write the lyrics to a song of your choice.

February

Math Menu

Count & Write Numbers

- Start at 100, and count to 120.
- Write your numbers as neatly as you can from 100 to 120.
- Count **down** from 20 to 0.
- Start at 11, and count to 21.
- Start at 29, and count to 39.
- Start at 3, and count to 23.
- Start at 39, and count to 49.
- Start at 17, and count to 47.

Write the missing numbers.

44, 45, 46, _____
67, 68, 69, _____
75, 76, 77, _____
57, 58, 59, _____

Exploring Numbers

Underline the digit in the tens place. Circle the digit in the ones place.

45 19 70

Underline the digit in the tens place. Circle the digit in the ones place.

8 12 99

For each number, write how many tens and how many ones it has.

15 83 _____
45 _____ _____
15 _____ _____

For each number, write how many tens and how many ones it has.

_____ 56 _____
_____ _____ _____

3 Addend Story Problems

Draw a picture, and solve this word problem.

Mel has three cats, nine fish, and six hamsters. How many pets does Mel have in all?

Draw a picture, and solve the word problem.

Bert drew four circles, five rectangles, and seven squares. How many sides did he draw?

Draw a picture, and solve this word problem.

Ann ran three miles on Monday and ten miles on Tuesday. On Wednesday, she ran one mile. How many miles did she run all together?

Draw a picture, and solve the word problem.

Rex got six stickers in the morning and twelve at lunch. He got two more stickers at night. How many more stickers did Rex get in all?

February

Reading Menu

Read to Myself

A **character trait** describes what a character is like or his or her personality. Before you read today, make a list of five words that describe YOU. Examples: kind, shy, caring, friendly.

February is the perfect month for love and friendship! Grab your favorite stuffed friend, animal, or doll, and read books you LOVE today.

Vowel teams are two vowels that are found next to each other in a word. Find vowel teams as you read! Examples: green, rain, fruit.

We can look for parts of words we know to help us figure out tricky words! Write three words you had parts you know. Examples: water, important.

Fluency is not just about reading with expression. It's important not to read too fast or too slowly. Today, focus on reading smoothly and at a pace like you are talking.

Read to Someone

With an adult, make a list of as many character trait words as you can think of that could describe a character's personality. Think of both positive and negative traits. Talk about what the words mean.

Read a fiction book with an adult. As you read, talk about the characters' personalities. Are they: kind, selfish, brave, greedy, wise, responsible, and/or lazy?

Pick out a nonfiction book to read with an adult. Before you read, write three questions you have about the topic of the book.

A character can sometimes change throughout the story. As you read characters, did any of them change from the beginning to the end? How did they change?

Practice reading sight words! Write the following words on cards or pieces of paper, and practice them together: **Mr., Mrs., people, want, their, been, own, new, none, nothing**.

Read and Respond

Read a familiar fiction book that has a main character in it. Choose a book you've read before. As you read, jot down character trait words that describe the character's personality.

Read a new fiction book that has a main character in it. As you read, jot down character trait words that describe the character's personality.

Read a nonfiction book. Write the **main idea** of the book. Write five interesting **facts** you learned from the book.

A **text-to-self connection** is when a book reminds you of something in your own life. Read a book, and write a text-to-self connection. What reminds you of something in your own life?

A **text-to-text connection** is when a book reminds you of another book you have read. Read a book, and write another book it reminds you of and why.

February

Writing Menu

Choose a prompt, and write about it. Don't forget to write in complete sentences, stretch out each word, and use capital letters and punctuation!

Cross out the writing prompt you chose.

Beginning Opinion Writing	Informative & Narrative Writing	Word Work: Vowel Teams
<p>An opinion is how you feel or what you think about something. Today, make a list of your favorite! Write your favorite food, game, toy, movie, color, holiday, season, candy, book, school subject, and TV show!</p> <p>When you write an opinion piece, you want to tell WHY you feel or think the way you do by giving reasons. Pick an item from your favorites list. Write about why it is your favorite.</p> <p>Do you think cats or dogs make better pets? Write, "I think _____ make better pets," for your topic sentence. Write reasons about why dogs or cats make better pets.</p> <p>Do you think rainy days or sunny days are better? Write, "_____ days are better than _____ days," for a topic sentence. Write reasons about why rainy days or sunny days are better.</p> <p>Do you think it is easier to be a student or the teacher? Why? With an adult's help, write a topic sentence that states which is easier. Write three reasons that explain why you think so. Be convincing!</p>	<p>Think about a time when you did something kind for a friend. Write a narrative story about your act of kindness. Include a beginning, middle, and end to your story.</p> <p>Choice Day! Write a narrative about ANYTHING you would like. Make sure that it really did happen to you! Include a beginning, middle, and end to your story. Bonus: Illustrate the story!</p> <p>Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement.</p> <p>Penguins are a type of bird.</p> <p>Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement.</p> <p>Valentine's Day is on February 14.</p> <p>How-To Writing: Teach your readers how to brush their teeth. Make a list of what is needed. Write each step. Use the words "first", "then", "after", "next", and "last".</p>	<p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>ai</p> <p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>ea</p> <p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>ee</p> <p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>oa</p> <p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>ui</p>


















4 LEARNING MENUS:

- Writing and Phonics
- Math
- Reading
- Hands-On Learning Menu that incorporates science, social studies, art/music/PE/character education

February Math Menu		
Count & Write Numbers <ul style="list-style-type: none">Start at 100, and count to 120.Write your numbers as neatly as you can from 100 to 120.Count down from 20 to 0.	Exploring Numbers <p>Underline the digit in the tens place. Circle the digit in the ones place.</p> <p>45 19 70</p>	Mixed + and - Story Problems <p>Draw a picture, and solve this word problem.</p> <p>Mel has three cats, nine fish, and six hamsters. How many pets does Mel have in all?</p>
<ul style="list-style-type: none">Start at 11, and count to 21.Start at 29, and count to 59.Start at 3, and count to 23.Start at 39, and count to 69.Start at 17, and count to 47.	<p>Underline the digit in the tens place. Circle the digit in the ones place.</p> <p>8 12 99</p>	<p>Draw a picture, and solve this word problem.</p> <p>Brett drew four circles, five rectangles, and seven squares. How many shapes did Brett draw?</p>
<p>Write the missing numbers.</p> <p>44, 45, 46, _____, _____, _____</p> <p>67, 68, 69, _____, _____, _____</p> <p>75, 76, 77, _____, _____, _____</p> <p>57, 58, 59, _____, _____, _____</p>	<p>For each number, write how many tens and ones.</p> <p>15 tens 83 tens</p> <p>_____ ones _____ ones</p> <p>45 tens 38 tens</p> <p>_____ ones _____ ones</p>	<p>Draw a picture, and solve this word problem.</p> <p>Annan ran three miles on Monday and ten miles on Tuesday. On Wednesday, she ran one mile. How many miles did she run all together?</p>
<p>Write the missing numbers.</p> <p>109, _____, 111, _____, 114, _____</p> <p>_____ 99 _____ 103 _____ 105</p>	<p>For each number, write how many tens and ones.</p> <p>12 tens 56 tens</p> <p>_____ ones _____ ones</p>	<p>Draw a picture, and solve this word problem.</p> <p>Rex got six stickers in the morning and twelve at lunch. He got two more stickers at night. How many</p>

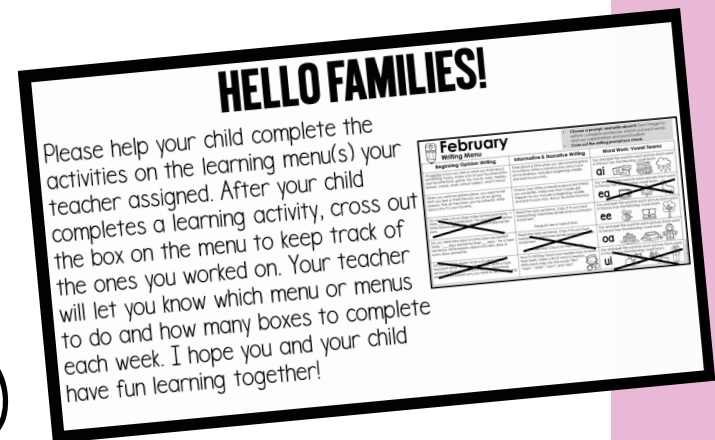
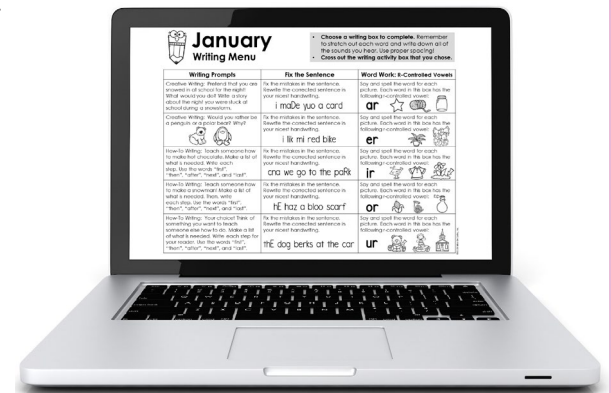
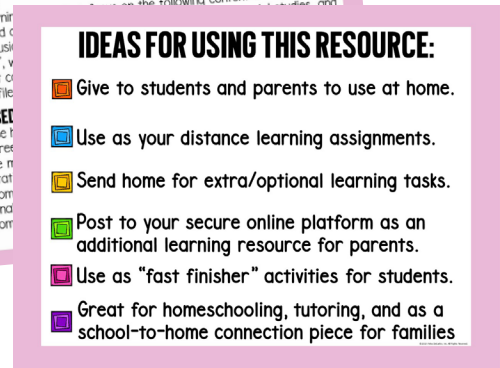
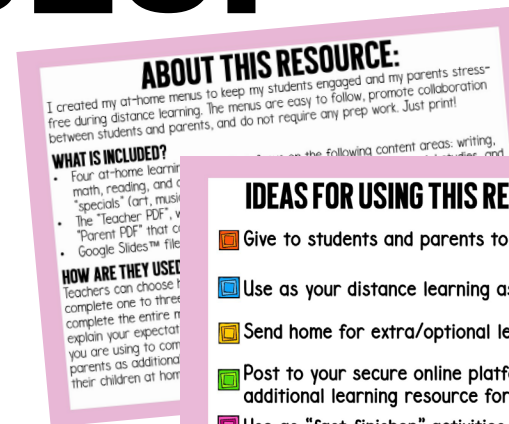
February Hands-On Menu		
Science <p>Matter is anything that takes up space. YOU are matter! A spoon, a dog, and a book are all matter. Go on a matter hunt. Draw or make a list of the matter you find at home.</p> <p>A solid is a state of matter. It holds its own shape and does not flow. An example of a solid is a book. Go on a solid hunt! Write ten solids you find in or around your home.</p> <p>A liquid is a state of matter. A liquid flows and takes the shape of the container it is in. Water is a liquid. Go on a liquid hunt! Write some liquids you can find at home.</p> <p>A gas is a state of matter. It does not have its own shape and flows freely on its own. Sometimes we cannot see gas. Air is an example of a gas. Go on a gas hunt. Write some gases.</p>	Social Studies <p>A landform is a natural feature of the earth's surface. Examples are <u>mountains</u>, <u>valleys</u>, <u>plateaus</u>, and <u>plains</u>. With an adult's help, draw a picture of each landform.</p> <p>A body of water is any area of land that is covered by water. <u>Rivers</u>, <u>lakes</u>, <u>oceans</u>, and <u>ponds</u> are all examples of bodies of water. With an adult's help, draw a picture of each body of water.</p> <p>Make 3D landforms today out of playdough! Create the following landforms out of playdough with an adult's help: <u>mountain</u>, <u>valley</u>, <u>plateau</u>, <u>island</u>, <u>volcano</u>, <u>river</u>, <u>lake</u>.</p> <p>A natural resource is anything people can use that comes from nature. With an adult's help, circle the natural resources below.</p>	Art, Music, Movement, Character <p>Kindness means being helpful and understanding of others. Kindness is treating others the way you want to be treated. Write ten ways you can show kindness to others.</p> <p>Think about a time when someone showed kindness toward you. How did it make you feel? Write about the kind action he or she did for you and how it made you feel.</p> <p>The beat of the music is the steady pulse you hear in a song's tune, like a steady heartbeat. Write an adult sings: "Twinkle, Twinkle, Little Star", tap the steady beat of the song.</p> <p>A still life is a painting or drawing of an object that does not move. (Examples: flowers, vases, pencils) Choose a stuffed animal, and set it in front of you. Create a still life drawing of your stuffed animal.</p>

February Writing Menu		
Beginning Opinion Writing <p>An opinion is how you feel or what you think about something. Today, make a list of your favorites! Write your favorite food, game, toy, movie, color, holiday, season, candy, book, school subject, and TV show!</p> <p>When you write an opinion piece, you want to tell WHY you feel or think the way you do by giving reasons. Pick an item from your favorites list. Write about why it is your favorite.</p> <p>Do you think cats or dogs make better pets? Write, "I think _____ make better pets." for your topic sentence. Write reasons about why dogs or cats make better pets.</p> <p>Do you think rainy days or sunny days are better? Write, "_____ days are better than _____ days." for a topic sentence. Write reasons about why rainy days or sunny days are better.</p> <p>Do you think it is easier to be a student or the teacher? Why? With an adult's help, write a topic sentence that states which is easier. Write three reasons that explain why you think so. Be convincing!</p>	Informative & Narrative Writing <p>Think about a time when you did something kind for a friend. Write a narrative story about your act of kindness. Include a beginning, middle, and end to your story.</p> <p>Choice Day! Write a narrative about ANYTHING you would like. Make sure that "I" really did happen to you! Include a beginning, middle, and end to your story. Bonus: Illustrate the story!</p> <p>Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement.</p> <p>Penguins are a type of bird.</p> <p>Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement.</p> <p>Valentine's Day is on February 14.</p> <p>How-To Writing: Teach your readers how to brush their teeth. Make a list of what is needed. Write each step. Use the words "first", "then", "after", "next", and "last".</p>	Word Work: Vowel Teams <p>Say and spell the word for each picture. Each word in this box has the following vowel team:</p> <p>ai   </p> <p>ea   </p> <p>ee   </p> <p>oa   </p> <p>ui   </p>

February Reading Menu		
Read to Myself <p>A character trait describes what a character is like or his or her personality. Before you read today, make a list of five words that describe YOU. Examples: kind, shy, caring, friendly.</p> <p>February is the perfect month for love and friendship! Grab your favorite stuffed friend, animal, or doll, and read books you LOVE today!</p> <p>Vowel teams are two vowels that are found next to each other in words. Find vowel teams as you read. Examples: green, rain, fruit.</p> <p>We can look for parts of words we know to help us figure out tricky words! Write three words you had trouble with today. Underline the parts you know. Examples: water, important.</p> <p>Fluency is not just about reading with expression. It's important not to read too fast or too slowly. Today, focus on reading smoothly and at a pace like you are talking.</p>	Read to Someone <p>With an adult, make a list of as many character trait words as you can think of that could describe a character's personality. Think of both positive and negative traits. Talk about what the words mean.</p> <p>Read a fiction book with an adult. As you read, talk about the character's personalities. Are they kind, selfish, brave, greedy, wise, responsible, and/or lazy?</p> <p>Pick out a nonfiction book to read with an adult. Before you read, write three questions you have about the topic of the book.</p> <p>A character can sometimes change throughout the story. As you read with an adult, talk about the character. Did any of them change from the beginning to the end? How did they change?</p> <p>Practice reading sight words! Write the following words on cards or pieces of paper, and practice them together: Mr., Mrs., people, want, their, been, own, new, none, nothing</p>	Respond to Reading <p>Read a familiar fiction book that has a main character in it. Choose a book you've read before. As you read, jot down character trait words that describe the character's personality.</p> <p>Read a new fiction book that has a main character in it. As you read, jot down character trait words that describe the character's personality.</p> <p>Read a nonfiction book. Write the main idea of the book. Write five interesting facts you learned from the book.</p> <p>A text-to-self connection is when a book reminds you of something in your own life. Read a book, and write a text-to-self connection. What reminds you of something in your own life?</p> <p>A text-to-text connection is when a book reminds you of another book you have read. Read a book, and write another book it reminds you of and why.</p>

INCLUDES:

- Teacher PDF which has instructions, ideas, suggestions, and printable learning menus
- A link in the Teacher PDF that allows you add digital menus to your Google Slides™ and share them with your students
- Parent PDF that you can e-mail directly to the parents of your students (ink-friendly)





February

















Reading Menu

- Choose a reading box to complete. When required, draw or write down your response on a piece of paper or in a notebook.
- Cross out the reading box you completed.

Read to Myself	Read to Someone	Read and Respond
A character trait describes what a character is like or his or her personality. Before you read today, make a list of five words that describe YOU. Examples: kind, shy, caring, friendly	With an adult, make a list of as many character trait words as you can think of that <i>could</i> describe a character's personality. Think of both positive and negative traits. Talk about what the words mean.	Read a familiar fiction book that has a main character in it. Choose a book you've read before. As you read, jot down character trait words that describe the character's personality.
February is the perfect month for love and friendship! Grab your favorite stuffed friend, animal, or doll, and read books you LOVE today!	Read a fiction book with an adult. As you read, talk about the characters' personalities. Are they: kind, selfish, brave, greedy, wise, responsible, and/or lazy?	Read a <i>new</i> fiction book that has a main character in it. As you read, jot down character trait words that describe the character's personality.
Vowel teams are two vowels that are found next to each other in words. Find vowel teams as you read! Examples: green, rain, fruit	Pick out a nonfiction book to read with an adult. Before you read, write <i>one</i> idea of the book. Write three questions you have about the topic of the book.	Read a fiction book. Write the <i>main</i> idea of the book. Write three facts you learned from the book.
We can look for parts of words we know to help us figure out tricky words! Write three words you have trouble with today. Underline the parts you know. Examples: water, important	A character can sometimes be a <i>self</i> character. Write a story about a self character.	Read a fiction book. Write the <i>main</i> idea of the book. Write three facts you learned from the book.

February
Reading Menu

- Choose a writing box to complete. Remember to stretch out each word and write down all of the sounds you hear. Use proper spacing!
- Cross out the writing activity box that you chose.

Beginning Opinion Writing	Informative & Narrative Writing	Word Work: Vowel Teams
<u>Opinion</u> is how you feel or what you think about something. Today, make a list of your favorites! Write your favorite food, game, toy, movie, color, holiday, season, candy, book, school subject, and TV show!	Think about a time when you did something kind for a friend. Write a narrative story about your act of kindness. Include a beginning, middle, and end to your story.	Say and spell the word for each picture. Each word in this box has the following vowel team: ai   
When you write an opinion piece, you want to tell WHY you feel or think the way you do by giving reasons. Pick an item from your favorites list. Write about why it is your favorite.	Choice Day! Write a narrative about ANYTHING you would like. Make sure that it really did happen to you! Include a beginning, middle, and end to your story. Bonus: Illustrate the story!	Say and spell the word for each picture. Each word in this box has the following vowel team: ea   
Do you think cats or dogs make better pets? Write, "I think ____ make better pets." for your topic sentence. Write reasons about why dogs or cats make better pets.	Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement. Penguins are a type of bird.	Say and spell the word for each picture. Each word in this box has the following vowel team: ee   
Do you think rainy days or sunny days are better? Write, "____ days are better than ____ days." for a topic sentence. Write reasons about why rainy days or sunny days are better.	Read the topic sentence. Copy it in your best handwriting. Add three details and a conclusion statement. Valentine's Day is on February 14.	Say and spell the word for each picture. Each word in this box has the following vowel team: oa   
Do you think it is easier to be a student or the teacher? Why? With an adult's help, write a topic sentence that states which is easier. Write three reasons that explain why you think so. Be convincing!	How-To Writing: Teach your readers how to brush their teeth. Make a list of what is needed. Write each step. Use the words "first", "then", "after", "next", and "last". 	Say and spell the word for each picture. Each word in this box has the following vowel team: ui   

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February

Math Menu

- **Choose a math box to complete.** Record your work and your answers on a piece of paper or in a notebook.
- **Cross out the math box you chose.**

Count & Write Numbers	Exploring Numbers	3 Addend Story Problems
<ul style="list-style-type: none">• Start at 100, and count to 120.• Write your numbers as neatly as you can from 100 to 120.• Count down from 20 to 0.	Underline the digit in the tens place. Circle the digit in the ones place. 45 19 70	Draw a picture, and solve this word problem. Mel has three cats, nine fish, and six hamsters. How many pets does Mel have in all?
<ul style="list-style-type: none">• Start at 11, and count to 21.• Start at 29, and count to 59.• Start at 3, and count to 23.• Start at 39, and count to 69.• Start at 17, and count to 47.	Underline the digit in the tens place. Circle the digit in the ones place. 8 12 99	Draw a picture, and solve this word problem. Brett drew four circles, five rectangles, and seven squares. How many shapes did Brett draw?
Write the missing numbers. <ul style="list-style-type: none">• 44, 45, 46, _____, _____, _____• 67, 68, 69, _____, _____, _____• 75, 76, 77, _____, _____, _____• 57, 58, 59, _____, _____, _____	For each number, write how many tens and how many ones it has. 15 _____ tens _____ ones 83 _____ tens _____ ones 45 _____ tens _____ ones 38 _____ tens _____ ones	Draw a picture, and solve this word problem. Ava has three boxes of crayons. One box has 10 crayons, one box has 12 crayons, and one box has 8 crayons. How many crayons does Ava have in all?

- Write the missing numbers.
- 109, _____, 111, _____, _____, 114
 - 99, _____, _____, _____, 103, _____
 - 116, 117, _____, _____, _____

- Start at 5, and count by tens to 105.
- Start at 16, and count by tens to 116.
- Start at 27, and count by tens to 127.

Matter is anything that takes up space. You know matter! A spoon, a book, and a ball are all matter. Go on a matter hunt. Draw or make a picture of each matter you find at home.

A **solid** is a state of matter. It holds its own shape and does not flow. An example of a solid is a book. Go on a solid hunt! Write ten solids you find in or around your home.

A **liquid** is a state of matter. A liquid flows and takes the shape of the container it is in. Water is a liquid. Go on a liquid hunt! Write some liquids you can find at home.

A **gas** is a state of matter. It does not have its own shape and flows freely on its own. Sometimes we cannot see gas. Air is an example of a gas. Go on a gas hunt. Write some gases you can find at home.

Matter can change states. With an adult, discuss how these objects change their states of matter.



A **landform** is a natural feature of the earth's surface. Examples are mountains, valleys, plateaus, and plains. With an adult's help, draw a picture of each landform.

A **body of water** is any area of land that is covered by water. Ponds, rivers, oceans, and lakes are all examples of bodies of water. With an adult's help, draw a picture of each body of water.

Make 3D landforms today out of playdough! Create the following landforms out of playdough with an adult's help: mountain, valley, plateau, island, volcano, river, lake

A **natural resource** is anything people can use that comes from nature. With an adult's help, circle the natural resources below.



What can people use the following natural resources for? Discuss your ideas with an adult.

trees water sunlight oil

Art, Music, Movement, Character

Kindness means being helpful and understanding of others. Kindness is treating others the way you want to be treated. Write ten ways you can show kindness to others.

Think about a time when someone showed kindness toward you. How did it make you feel? Write about the kind action he or she did for you and how it made you feel.

The **beat** of the music is the steady pulse you hear in a song's tune, like a steady heartbeat. While an adult sings "Twinkle, Twinkle, Little Star", tap the steady beat of the song.

A **still life** is a painting or drawing of an object that does not move. (Examples: flowers, vases, pencils) Choose a stuffed animal, and set it in front of you. Create a still life drawing of your stuffed animal.

With an adult, make a list of reasons why **exercise** is good for us. For example, "Exercise helps keep our hearts strong." What are other reasons why we should exercise?



ABOUT MISS DECARBO

Christina DeCarbo-Wagers is an elementary teacher from Northeast Ohio. She holds a Bachelor's degree in Early Childhood Education, a Master's degree in Elementary Literacy, and a specialized K-12 reading endorsement. Christina has experience in instructional consulting, literacy coaching, and professional development services. Over the course of her career, she has presented literacy workshops and professional development sessions for Staff Development of Educators, ASCD, and state and local educational conferences. Christina has also provided extensive services and trainings for school districts and educational service centers across the state of Ohio.

Christina is passionate about helping students reach their greatest potential as readers and writers. Her engaging resources are based on developmentally-appropriate research and are founded in the importance of critical thinking, creativity, and problem-solving skills for young learners. Her educational company, Miss DeCarbo, Inc., was founded in 2012 and provides educators with curriculum, ideas, research-based advice, and inspiration. You can learn more about Miss DeCarbo by visiting her website, www.missdecarbo.com.



CLIP ART & FONT CREDITS:

